### 8:00-8:45 Registration

### 9:00-10:00

**Greetings & Opening Speakers** 

Ellen Krause-Grosman, Executive Director of ESD Global

The Role of Empowerment Self-Defense in the Prevention of Violence

Yehudit Zicklin-Sidikman, CEO and Co-Founder of El HaLev

Lili Ben-Ami, Founder of Michal Sela Forum for preventing domestic violence via technology.

Spoken Word Ayelet-Chen Wadler, El HaLev ESD Instructor, Tora Dojo

### 10:00-10:45

Keynote Speaker

Creating a New Net

This lecture will focus on providing the tools to children and young people to better equip them with the resilience needed to counter violence online.

Prof. Yair Amichai-Hamburger, Director of the Research Center for Internet Psychology of IDC Herzliya

### 11:15-12:25 Session 1 <del>-----1</del>1.1--

Room: Nechishut

The 5 Principles of Empowerment Self-Defense:

THINK

Sarah Gordon Lavine, Senior El HaLev Instructor

Manners and Etiquette as a Method of

Prevention Rachel Mendelovitz, Founder of Behave, an Etiquette and Cross-Cultural Education

Consultant Agency

### Room: Simcha Moderated by **Ellen Krause-Grosman**

**– 1.2 –** 

Prevention of Economic Abuse

Tamar Schwartz, CEO of Women's Spirit, M.S.W.

Preventing Child Abuse in Early Childhood

Hadas Yechiam, M.D. Paediatrician at Meir Medical Center, Israeli Council of

Protection for the Child. Primary Prevention for Girls At-Risk

Ronit Lev-Ari, MA, Criminologist and Victimologist at Beit Ruth Center for Girls At-Risk

# 12:35-13:45 Session 2

-2.1-Room: Nechishut

The 5 Principles of Empowerment Self-Defense: RUN

Yehudit Zicklin-Sidikman, CEO and Co-Founder of El HaLev and Senior Instructor

Zilit Jakobsohn, Chairwoman of "Bat Melech" Shelters for Women of the Ultra-Orthodox Community

### Room: Simcha Moderated by Ellen Krause-Grosman

Primary Prevention Among Teens

Dina Shaley, Executive Director of Lada'at - Choose Well Dr. Yaron Schwartz, Ben-Gurion University, Developer of Gender

Program for Boys at the Hartman Institute Lisa Gaeta, Founder/CEO IMPACT Personal Safety, L.A

### 14:45-15:55 Session 3 ---3.1

Room: Nechishut The 5 Principles of Empowerment

Self-Defense: YELL Anat Errel, Senior El HaLev Instructor

Iris Berfelo, VINE: Institute for

Non-violent and Connecting Communication, Belgium

## ThinkTank

Room: Hadracha

Getting the Word Out: Advocating for the Violence Prevention Movement Facilitated by:

Dorit Shomron, Chairwoman of the

El HaLev Board of Directors

13:45-14:45 Lunch

## Incorporating Trauma-Informed Strategies in

Violence Prevention Programs Moderated by Yehudit Zicklin-Sidikman

-3.3-

Room: Simcha

Dafna Eisenreich, Bar Ilan University Antonella Spatola, Conciliator, ESD Activist Alma Keness, Jerusalem Rape Crisis Center

Kahoot with Ayelet-Chen Wadler

### 16:05-17:15 Session 4 <del>----4</del>.1-

Room: Otzma The 5 Principles

Self-Defense: **FIGHT** Esti Lifschitz,

**Empowerment** 

Senior El HaLev Instructor

Moderated By Ellen Krause-Grosman

Primary Prevention Among Children

Hadas Schroeder Rahamim, M.A. Senior Therapist at Sulam, Educational and Clinical

Psychologist for children with ASD Lior Gal-Cohen, M.A. Specializing in, Developing a 'Culture of Sexual Violence Prevention'

Sarah Gordon Levine, Senior EH Instructor

-4.2-

Room: Simcha

Primary Prevention in the LGBT Community Facilitated by:

Community Wendi Dragonfire, Senior ESD Instructor, the Netherlands

Anat Errel, Senior El HaLev Instructor Transgender

Elisha Alexander, CEO and founder of the "Ma'avarim" Organization for the Transgender Community

**—4.3**–

Room: Hadracha

### 17:25-18:35 Session 5 -5.1-Room: Nechishut

The 5 Principles of **Empowerment** Self-Defense: TELL Jade Raza, El HaLev

Instructor

Dr. Tamar Ascher, Ph.D in Early Childhood Education, Author of "What Happened to Kuzu"

# 1 in 5 Children Will be Victims of Sexual Abuse- How can we Reduce this Number?

The Haruv Institute with a Special Guest

The Haruv Institute is the leading organization in Israel, and among the leaders in the world, for training and engaging in research to help children suffering from abuse and neglect.

Moderated By Ruty Geva, Innovation and Entrepreneurship Programs Manager

Adi Templeman, Creator of Games for Prevention of Child Maltreatment

Room: Simcha

Amitai Marmor, Ph.D. Candidate at the School of Social Work, Hebrew University, Founder of 'Pretect' Betty Herman, Nurse training and crisis intervention for mothers suffering from postpartum mental health

disorders Almog Goldstein, Product Manager for "Keepers Child Safety"

18:45-19:00 Spoken Word | Room: Simcha

# Ayelet-Chen Wadler, El HaLev ESD Instructor, Tora Dojo

24/2/2020

### 9:00-10:00 Greetings & Opening Speakers

8:00-8:45 Registration

## Representative of the American Embassy of Jerusalem

Taking it to the Next Level: Empowerment Self-Defense Movement Goes Global

Yehudit Zicklin-Sidikman, CEO and Co-Founder of El HaLev

Keynote Speaker Intersectional Education: Gender Analysis of Empowerment Self-defense

# Gender intersectional analysis is examining how the same situation affects all people from various ethnicities, genders,

10:00-10:45

races, sexual orientation, marital status and socio-economic backgrounds in fundamentally different ways. We will

conduct a gender analysis that will look further into Empowerment Self-Defense as the equalizer among people from all walks of life.

Dr. Gal Harmat, Professor of Gender Studies and Peacebuilding, Kibbutzim College of Education, Technology and the Arts 11:15-12:25 Session 1 **—1.2**— -1.1-Room: Simcha Room: Nechishut Room: Hadracha

Panel on Primary Prevention for Refugees The 5 Principles ThinkTank of Empowerment ESD in School Settings Moderated By **Ellen Krause-Grosman** Gentiana Susaj, Anti-Trafficking expert, Director of Aikido Albania and Facilitated by Chana

ESD Instructor

### Self-Defense: THINK

Sarah Gordon Lavine, Senior El HaLev Instructor

12:35-13:45 Session 2 **-2.1**-Room: Nechishut

The 5 Principles of Empowerment Self-Defense: YELL Anat Errel, Senior El HaLev

Instructor

Educational Development.

ThinkTank

Room: Hadracha

Senior El HaLev Instructor **—2.2**–

Weinberger, Director of

### Anat Errel, Senior El HaLev Instructor Sasha Cherniavsky & Enuue Shimrit Kassa, Protection Associate, UNHCR

Room: Simcha

Cultural Adaptations of Violence Prevention in Traditional Communities

Moderated By Dr. Toby Levi, Doctor of Clinical Psychology, Senior Incorporating ESD Therapist in the Ultra-Orthodox Community & Trauma-Informed Strategies in Fainy Sukenik, CEO and Founder of B'Asher Telchi, Educator in the

Martial Arts **Ultra-Orthodox Community Programs** Iris Berfelo, Belgium, VINE: Shanda Poitra, Founder Turtle Mountain ESD Facilitated by Institute for Non-violent and Ola Najami, Co-Manager of Safe Communities, The Abraham Initiatives-Yehudit Connecting Communication Building a Shared Society for Jews and Arabs in Israel Zicklin-Sidikman

13:45-14:45 Lunch

Nagin Cox, IMPACT Safety, ESD Activist and STEM Activist | Lisa Gaeta, Founder/CEO IMPACT Personal Safety, Instructor Trainer, L.A Donald Hart, Certified IMPACT Instructor, Instructor Trainer

# Screening of Beauty Bites Beast- The IMPACT Method

-3.2-

-3.1--3.3 Room: Simcha Room: Nechishut Room: Hadracha Men Doing the Work The 5 Principles of

### RUN Yehudit Zicklin-Sidikman,

14:45-15:55 Session 3

**Empowerment** Self-Defense:

CEO and Co-Founder of El 16:05-17:15 Session 4

From Political to Personal

Counter Terrorism at IDC Herzliya Contextualizing Gender-Based Violence

and Peacebuilding HaLev and Senior Instructor

ThinkTank **ESD** and Government

Systems – Making It Work Facilitated by Dr. Gal Harmat, Professor of Gender Studies

Obi Peter, Nigeria, Co-founder at Youths for Peace Building & Development in Africa

### Yotam Constantini, Director of White Ribbon Israel Don Hart, Certified IMPACT Instructor

Moderated By Ellen Krause-Grosman

The Way of the Warrior – How does the Warrior's Ethical Code Serve as a Violence Prevention Mechanism Elad Popovich, CEO of The Center for International Migration and Integration, Associate Fellow of The International Institute for

Liat Biron, CEO of the Forum for Regional Thinking, Humanitarian Aid Worker, PhD student at Ben Gurion University How to Implement Violence Prevention Programs Around the World?

18:35-19:30 Gala Dinner

Ellen Krause- Grosman, USA Executive Director of ESD Global 17:25-18:35 Session 5

Yehudit Zicklin-Sidikman, CEO and Co-Founder of El HaLev and Senior Instructor

The 5 Principles of Empowerment Self-Defense: TELL Jade Raza, El HaLev Instructor

'Tell' as a Healing Mechanism Debbie Amichai, Senior Therapist, M.S.W and Expert on Treatment and Prevention of Domestic Violence

-5.1-

Room: Nechishut

=5.2=

**Diplomatic Networking** and Dialogue

Room: Simcha